

Jasper Freeride 2017-2018 Season

Development Team (12 years & up)

Program Description:

At this level, it is highly recommended that athletes participate in the 2 day, Saturday and Sunday program. This program is individualized for each athlete according to his/her objectives. It is meant to progress the athletes successfully to meet their goals into provincial level competition. This program has a high standard of technical execution and will progress the athlete to achieve advanced freestyle skiing skills. The coaches at this level have significant freestyle coaching experience in developing high caliber athletes and are highly certified under Canada's freestyle coaching program (CFSA). The athletes will have the opportunity to create goals in all the freestyle disciplines of Moguls, Big Air, Slopestyle, and Big Mountain. The goals of the Development Gold Program are to develop the athlete's objectives at his/her own pace, within the appropriate skill level and expose the skier to a variety of freestyle disciplines.

Schedule:

20 sessions starting November 11/12 to April 7/8 (**excluding Dec 23/24, Dec 30/31**)

Two-days a week (Sat. & Sun.) highly recommended.

One-day a week (Sat. or Sun.) - please indicate day preference. Athletes have an option for 'compete' or 'no-compete' registration.

Schedule: 9:30 AM to 3:00 PM. Holiday Camp included in registration fees: Jan 2/3/4 for all registered athletes.

Please consult the Jasper Freeride Calendar at jasperfreeride.com for the complete schedule.

Requirements:

Skills: Strong all round skiers with desire to achieve high performance in freestyle skiing.

Equipment: Twin Tip Skis/Flexible Boots/Poles/Helmet/Mouth Guard/mogul skis recommended

CFSA membership: Can Free 1/2 or 3 (<http://freestyleski.com>, go to membership services)

Optional Extended Programs (not included in registration):

Opportunities to participate in 'summer' activities include Water Ramps (Grande Prairie and Red Deer), Gymnastic and Trampoline (Jasper and Edmonton), Dry-Land training (Jasper and self-directed). A 2-3 week summer on snow camp in Whistler is also offered at this level.

Registration Fees:

Two day per week program: \$1,545. One day per week program: 'compete' \$950 and 'non-compete' \$900.

To Register Call:

Jody Gardiner - 780-202-5912 jasperfreeridereg@gmail.com